

Still Your Hungry Listening
(a listening meditation inspired by Pauline Oliveros)

Pause now and sit quietly for a moment.
Consider your roots and acknowledge your prejudices, your shame, your fear and longing.
Set them aside for now.
Still your hungry listening.
Listen.

Score Note:

This listening meditation was inspired by collaborative writing between Dylan Robinson, Deborah Wong and Ellen Waterman in Autumn of 2016. We were grappling with the imperative to form new, ethical relationships with Indigenous peoples in the wake of Canada's Truth and Reconciliation Commission, and how that might manifest in musical collaborations. "Hungry listening" is Dylan's term for our acquisitive tendency towards listening as power; listening to grasp, capture, own and contain information. Pauline Oliveros taught us to listen in awareness and openness. We considered the potential for Deep Listening as a powerful methodology for decolonizing listening.