

Vagina Music and Listening for Vagina Ears (Opus 1)

(Non normative queer vaginas, and aren't all vaginas queer?)

Your vagina is your third ear

Dedicated to Pauline Oliveros, for her devotion to the practice of listening and sounding, and for her steadfast and enduring optimism despite all evidence to the contrary.

For any number of people with or without instruments and a “reader”

The “reader” reads the following text to any group of vagina identified people. The participants can be standing, but preferably sitting and in a relaxed position.

Bring your attention and energy to your vagina. (Pause) Keep it there. (Pause) Become aware of your vagina as the center of the Universe, as the center of your energy source. Breathe and feel the energy pouring from your vagina as you exhale. Inhale and exhale three times. (Pause) Listen to the sounds around you, and feel the sounds with your vagina as if they were your ears. Imagine you have three ears, and your vagina is your third ear, in the center and in symmetry with the ears on the side of your head. Feel that your vagina and the ears on your head are deeply connected and form a triangle, like three ears. Live in that thought and mental image, breathe and enjoy the moment that we have together to do this.

Longer pause.

Give birth through your vagina to a new energy emanating from your rejuvenated -power -life energy source, your vagina.

Make a sound either vocally or with a musical instrument while being aware of your vagina as a listening and sensing thing. It can be a very soft sound, barely audible, or very loud. Listen to those around you, and make sounds that you and your vagina want to hear.

End piece after 85”

--Miya Masaoka, New York City 2017