

***Imaginary Meditations:
an offering***

dedicated to and inspired by
Pauline Oliveros
by Jane Rigler

Ocean Meditation by Jane Rigler/Mary Jane Sullivan (2016)

- I. Can you imagine the resonance of the center of the earth?
- II. Can you imagine listening to the sound of the Earth as if you were hovering above it? How high above the Earth can you float? Imagine the sounds you might hear.
- III. Can you imagine floating down gently and levitating above the ocean surface? What sounds do you hear?
- IV. Can you imagine the tuning of the ocean?
- V. Can you imagine the echoes of every wave ever crashed?

Traveling Sound-Streams by Jane Rigler (2017)

If you could imagine all the travel you have ever done (be it walking, biking, by car, train, plane, etc.) could be a stream of light, what kind of design would the traces of your light-stream travels create?

If each of those streams of light travel could produce a unique kind of sound, what would the lightstreams sound like? Individually? Together?

Can you imagine all the unifying sounds of everyone's travelling soundstreams?

Destination Song by Jane Rigler (2017)

Imagine where you have been.
Breathe.
Sing a song dedicated to that place.
Rest.
Imagine where you are going.
Breathe.
Sing a song dedicated to that place.
Rest.
Listen to where you are.
Breathe.
Sing a song dedicated to this place.
Rest.
Breathe.

(Variation 1: A song may be played on an instrument. Variation 2: A song may be sung in your imagination. Variation 3: Combine voices and instruments with other people in many different places in various times.)

Shooting Star Imaginary Meditation by Jane Rigler (2017)

- I. Imagine you are a shooting star, traveling through dark space.
- II. Imagine you can twist and turn and perceive your whitish tail streaming behind you.
- III. Imagine you can inter-become with other stars.
- IV. Imagine you can sing but need not utter in order to be heard.
- V. Imagine the sounds of your swirling state of inter-being.